

Conference Reports

Alexandria 3rd International Psychiatric Congress

A. El-Sheshaai

**Future of Psychiatry , The Promise of Science
The New Hope**

Since 1999, this biannual major event has progressively grown as a privilege and a challenge to Alexandria, hosting the regional congress of the Egyptian Psychiatric Association, conjointly with Alexandria International Psychiatric Congress.

This year the main theme, **Future in Psychiatry, The Promise of Science..The New Hope** discussed a number of recent research data concerning psychiatric disorder. The submitted topics were of high scientific value covering a wide spectrum of disciplines from basic to clinical issues. The future of psychiatry approaching with rapid and wide pace caused by an enormous advance in technology used in research studies.

• This year's congress was under the patronage of : **G. Mohamed Abdel Salam El-Mahgoub** ; Governor of Alexandria.

Prof. Mohamed Abdellah; Chairman of Alexandria University.

• Honorary presidents were :

Prof. Abdel Aziz Belal; Dean of Alex. Faculty of Medicine.

Prof. Ahmed Okasha; President elect of WPA.

• The General Secretary of the congress :

Prof. Adel Sadek ; Head of Neuropsychiatric department, Ain Shams University.

• The Congress Moderator :

Prof. Adel El Sheshaai; Head of psychiatry Unit, Alexandria University.

• This year's congress was honored to host some of the most relevant scientists all over the world, namely ; **Prof. Dr. George Simpson** ; Head of research psychiatry department, USC, LA, USA

Prof. Harold Seckheim ; Chairman of American Biology of Psychiatry. USA. The Founder of Transcranial Magnetic Stimulation.

Prof. Dr. Brian Leonard; Brian and Behaviour Research Institute, University of Maastricht, The Netherlands and Pharmacology Department, National University of Ireland, Galway.

The Congress program was rich of many Scientific Sessions, Satellite Symposia, Workshops discussing various aspects of advances in neural science.

The congress hosted the following sessions:

1- Satellite Symposia:

- a) Zeldox: a World of Difference in Antipsychotics.
- b) Broadening the Concept of Management of Psychosis.
- c) Barriers to Optimal Outcome in treatment of Anxiety and Depression.
- d) Getting it, Right the First Time.
- e) Cipralext Symposium; Enantiomers Story - Efficacy of Cipralext.

2- Plenary Lectures:

- a) Prof. Dr. Ahmed Okasha.
- b) Prof. Dr. George Simpson.
- c) Prof. Dr. Adel Sadek.
- d) Prof. Dr. Brian Leonard.
- e) Prof. Dr. Harold Seckheim.

3- Scientific Sessions :

- a) Future Perspectives of Schizophrenia.
- b) Addiction Psychiatry, Future View.
- c) Child and Adolescent Psychiatry.
- d) Mental Health Program in Egypt.

4- WorkShops :

- a) Understanding Sleep Medicine.
- b) Electro Convulsive Therapy.

The next gathering; The Alexandria 4th International Psychiatric Conference will be held in September 2006...

Looking Forward for your participation...

Authors :

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